

June 2023 Newsletter

Join us on
Sunday's for
Worship
Services
Starting at
10:30 am



Worship services happen in-person as well as online every Sunday starting at 10:30 am.

The office is open Tuesday—Friday from 10 am—2 pm.



Stampede Pancake Breakfast Sunday, July 9, 2023, 9 – 10 am

Join us before the worship service for a pancake breakfast.

We are looking for volunteers to help, sign up on our website:
<https://www.mcdunited.com/calendar-events/stampede-pancake-breakfast>

Save the Date: Stampede Breakfast - July 9

We are having a Stampede Breakfast before the Worship Service on July 9, we hope that you can join us!



Monthly Meal: First Sunday of Each Month

We hope that you will be able to join us for a monthly meal on the first Sunday of each month following the service.

Meal is by donation.

If you would like to attend the service but don't have transportation, please contact the office. If you could pick up a neighbour on the way, please contact the office.
We are currently short a few drivers.

Monthly Meals will resume again on September 10th. We hope that you will be able to join us.

Opera Buddies – Back September 2023



We are pleased to announce that Opera Buddies will be back for the 2023/2024 season. First session will start at the end of September 2023.

Free to Attend
Open to Everyone 12+
Includes Show at Jubilee

Registration should be available soon, watch our website for more information: Mcdunited.com/opera-buddies

We are excited to announce that Opera Buddies will be back Thursday nights starting at the end of September.

Intergenerational Club Coming Back to McDougall in Fall 2023



We are very excited to partner with LINKages Society of Alberta and Lord Beaverbrook High School for a second year of our intergeneration club. This club will meet on Friday's from 2:30 – 3:30 pm starting in late October.

We will be looking for seniors who would be interested in participating. Registration should be available in September 2023.

Our intergeneration club will be back this fall. We will once again be looking for seniors interested in participating. Registration should be available in September 2023.

Taste & Try



Elder Friendly Communities

This group will offer participants the opportunity to try a new recipe and learn about cooking techniques from a chef.

Date: Thursday
Time: Noon - 2pm
2nd Thursday of the Month

McDougall Church Kitchen
8516 Athabasca Street SE



To register:

<https://www.mcdunited.com/carya>

Click "Events" button to see list of all events coming up for carya at McDougall Church.

Have questions? Colin at Colinh@caryacalgary.ca or 403-651-5868

This event is on hiatus for the summer and will be back in Fall 2023.

This popular program will be back in the fall.