



# WELCOME!

## Announcements April 21, 2024



# IMPORTANT DATES

Check out

[www.mcdunited.com/calendar](http://www.mcdunited.com/calendar)  
for more information

## **Sunday - April 21**

- 10:30 am On-site & Online Service
- 11:45 am Acadia Pantry Fundraiser

## **Monday - April 22**

- 11 am Homeschool Group

## **Tuesday - April 23**

- 11 am Bible Study
- 12 pm Senior's Lunch
- 6 pm Grieving With Grace

## **Wednesday - April 24**

- 9 am Heritage Time Out
- 1 pm Exploring Life Through Writing and Discussion

## **Thursday - April 25**

- 4:30 pm Opera Buddies
- 6 pm McDougall Singers Rehearsal
- 7:30 pm Collective Spirit Rehearsal

## **Friday - April 26**

- 2:30 pm Intergenerational Club Meeting

# IMPORTANT DATES

Here is a highlight  
of special events  
happening at the  
church

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- April 21: Acadia Pantry Fundraiser
- April 28: Camp Kasota Information Table
- May 2-5: Chinook Region Annual Meeting
- May 12: Cum Vino Cantus Choral Society Concert 2:30 pm
- May 14: JCS Spring Choral Concert 7 pm
- June 7 – 9: Camp Kasota
- November 9: Family Dance 5 pm

# Acadia Pantry Fundraiser Sunday, April 21<sup>st</sup> Following the Service

Event to collect food and fundraiser with luncheon to raise funds and seek monthly donors in support of Acadia Food Pantry (AFP).

You are encouraged to donate nonperishable proteins (as well as financial donations) at this event. This includes peanut butter and canned meats (tuna, ham, chicken). These items can be brought to the Sunday services on April 7, 14 and/or 21.

# Senior's Luncheon: Tuesday, April 23<sup>rd</sup> at 12 pm



Bring neighbours and friends.

Sign up sheets will be at the West entrance or call the Office.

Volunteers are needed for:

Set up on Monday, April 22 at 2:30 PM  
Food Preparation on Tuesday, April 23 at  
8:45 AM, and  
Clean up at 1:30PM on Tuesday, April 23.



# Camp Kasota Information Table: Sunday, April 28<sup>th</sup> following the service

Join us on Camp Sunday in Hospitality Hall to learn more about Camp Kasota.

An information table will be set up where you can ask questions, sign up, contribute to our canoe fund and see pictures from previous years' camp.

Camp Kasota runs June 7 – 9, 2024



# Chinook Region Annual Meeting May 2 – 5, 2024

McDougall United is excited to announce that we are hosting the Chinook Region Annual Meeting on  
May 2 - 5, 2024.

We will require many volunteers to help the event run smoothly. Recruit some friends and sign up together for some added fun!

Sign up online, by stopping by the information table in Hospitality Hall following services or by calling the office.





# Chinook Region Annual Meeting May 2 – 5, 2024

McDougall United is hosting the Chinook Region Annual Meeting on May 2 - 5, 2024.

We will require many volunteers to help the event run smoothly and could use your help!

Sign up online, or by calling McDougall's office 403-252-1620.





# Taste & Try: Try Out a Recipe & Learn About Cooking

**Next Session:  
May 9, 2024, at 12 pm**

Happens monthly on the first Thursday  
(2<sup>nd</sup> in May) of the month in the  
McDougall kitchen. Seniors of all ages are  
welcome!

Advanced Registration is required, limited  
spots are available.

Register by calling the office or signing up  
online:

[https://www.mcdunited.com/calendar-  
events/taste-n-try-May-2024](https://www.mcdunited.com/calendar-events/taste-n-try-May-2024)





CUM VINO CANTUS PRESENTS

# PERSPECTIVES

Sunday, May 12 2:30 pm



MCDUGALL UNITED CHURCH

8516 Athabasca St SE, Calgary, AB

@cumvinocantus

# Camp Kasota Family Weekend

## June 7 – 9, 2024



Join us June 7 - 9, 2024, for a weekend of fun and relaxation.  
Price includes a bed for 2 nights, 5 meals, and a snack.

- Adult \$105
- Child \$85

To learn more and register about what is included, please visit our webpage: [www.mcdunited.com/camp-kasota](http://www.mcdunited.com/camp-kasota)



Fish Creek  
United Church





# Happy Retirement Rev. Grant Dawson!

Rev. Grant Dawson will be retiring June 30<sup>th</sup>. We hope you will join us in wishing Grant a happy retirement and thanking him for all his hard work.



# Family Dance:

## Saturday, November 9 from 5 – 8 pm



Open Table has teamed up with the Monday Homeschool Group to bring you a family dance. We hope that you will be able to join us!

**Tickets cost \$10 per family if purchased in advance  
(by Friday, November 8 at 7 pm)  
\$15 Per Family at the door**

We will have a concession available where you will be able to purchase pizza, drinks and snacks at the event. We encourage you to bring cash.



# We Have a Coffee Machine!

“The Bean Hive” has arrived at McDougall. You can find the machine in the Cozy Corner (by the Reconciliation Mural in the southwest corner of the building).

Machine takes coins or tokens. Tokens can be purchased through the office. 10 for \$15.



COFFEE



HOT  
CHOCO



FRENCH  
VANILLA



CAPPUCCINO



LATTE





# Homeschool Group: Registration Open for Winter 2024

Homeschooling families are invited to join us for  
our 2024 Winter Session.

January 22 – May 13, 2024

Sign up for the weeks you would like to attend.  
\$14 per family for each week plus a \$20 insurance  
cost. Save money by attending all sessions.

Mondays from 11 – 2 pm in Hospitality Hall

Register and learn more:

[Mcdunited.com/homeschool-group](https://mcdunited.com/homeschool-group)



# Bible Study: Tuesdays at 11 am in the Chapel

Join Rev Joanne Anquist, Rev Bill Weaver or Rev.  
Danah Cox for a Bible study every Tuesday at 11 am.

We hope to see you there!





# Grieving With Grace:

A safe space for your hurting heart to treat itself gently, and find hope for the future



This group is intended for anyone who has experienced a significant death in their life.

Join us weekly on Tuesdays at 6 pm starting April 2 through until June 18. Space is limited. No new registrations will be added once the group has commenced.

**Please contact Rev. Bill Weaver at [ogdenminister@shaw.ca](mailto:ogdenminister@shaw.ca) to register.**

JOAN  
CHITTISTER

*"A philosopher... and a writer of the words she has found and seen." -LISA TUOHY*



THE GIFT  
OF YEARS

*Growing Older Gracefully*

# EXPLORING LIFE THROUGH WRITING AND DISCUSSION

You are invited to the continuing sessions of Exploring Life through Discussions and Writing.

We meet every Wednesday afternoon from 1:00 to 2:30 pm in the M&M room beginning on Jan. 24 and continuing until April 24. We use short opinion pieces from “The Gift of Year, Growing Old Gracefully” by Joan Chittister to initiate our discussions; and share personal written stories inspired by our memories.

For further information email Marianne  
Medhurst, [m3dhurst@shaw.ca](mailto:m3dhurst@shaw.ca) or Marilyn  
Shoults, [mshoults3@gmail.com](mailto:mshoults3@gmail.com)

# Opera Buddies

Das Rheingold (April 4 – April 25) is now  
at capacity.

Free to Attend

Open to Everyone 12+

Includes Show at Jubilee

Thursday nights 4:30 – 5:45 pm at  
McDougall

To register or learn more visit:  
[Mcdunited.com/opera-buddies](http://Mcdunited.com/opera-buddies)



# Choir Rehearsals

All are Welcome, No Prior Experience Required  
McDougall Singers Rehearse Thursdays at 6 pm  
Sonica Treble Ensemble Rehearse Thursdays at 7:30 pm



# Life of the Church: Monthly Updates



Want to know what is happening in the church? Check out our weekly email blast or visit link on the homepage.

To send in an update, email [prayers@mcdunited.com](mailto:prayers@mcdunited.com)

# McDougall Staff

Worship and Congregational Leadership Minister	-	Rev. Joanne Anquist
Family and Community Minister	-	Rev. Danah Cox
Contemporary Music Leader	-	Tanya Wan Lim
Choral Music Leader	-	Justin Macosky
Pastoral Care	-	Rev. Bill Weaver
Office Administrator	-	Jen Heidebrecht
Communications Coordinator	-	Sarah Reuangrith
Caretaker/ Handyman	-	Jerimiah Laquette
Facilities Coordinator	-	John Naylor

# We are a Scent Sensitive Building



We all share the same air,  
please be respectful when  
using scents.

Scent free or lighter scents  
on Sunday is appreciated.

# Don't Forget Your Reusable Coffee Mug!

If you didn't get one, please talk to the office.

Bring your reusable mug filled with coffee to the church and enjoy it during the service. Then get a refill in the Hospitality Hall during coffee time.

You bringing your own mug makes the clean up from coffee time much faster.

Our volunteers thank you!





## Ways to Give Ogden (403-630-5633)

1. Mail a cheque payable to Ogden United Church.
2. Online Through Canada Helps.
3. Donate by e-Transfer, [ogdenminister@shaw.ca](mailto:ogdenminister@shaw.ca)
4. Sign up for PAR.

## Ways to Give McDougall (403-252-1620)

1. Donate by e-Transfer, [office@mcdunited.com](mailto:office@mcdunited.com)
2. On our website, [www.mcdunited.com](http://www.mcdunited.com)
3. Mail a cheque payable to McDougall United Church.
4. Sign up for PAR.
5. Support the Gift Card program



# Thank You!

Thank you to  
everyone who helped  
with our service.

