



# WELCOME!

## Announcements January 7, 2023



# **IMPORTANT DATES**

**Check out**

**[www.mcdunited.com/calendar](http://www.mcdunited.com/calendar)  
for more information**

**Sunday - January 7**

- 10:30 am In-Person & Online  
Service

**Tuesday - January 9**

- 11 am Bible Study

**Wednesday - January 10**

- 9 am Heritage Time Out  
- 10 am Ladies Fellowship

**Thursday - January 11**

- 6 pm McDougall Singers Rehearsal  
- 7:30 pm Sonica Treble Ensemble  
Rehearsal

# IMPORTANT DATES

Here is a highlight  
of special events  
happening this  
month.

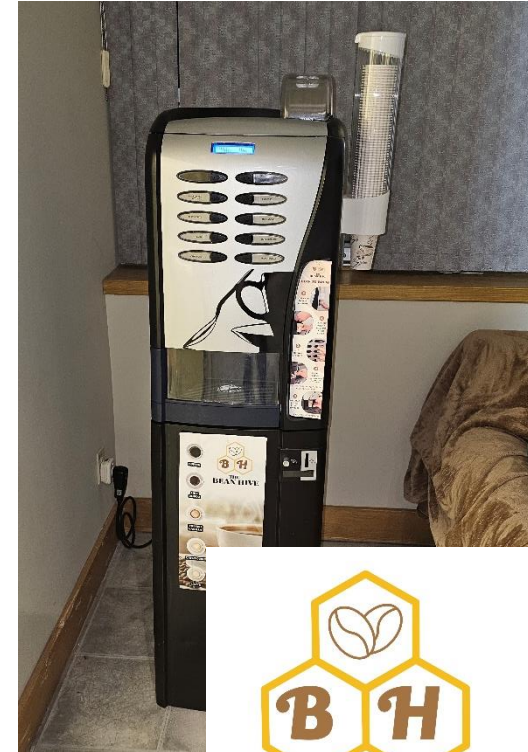
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- Jan 16: Hope Quest Starts – 6 Week Art Therapy Group
- Jan 18: Opera Buddies – Elixir of Love Starts
- Jan 22: Homeschool Group Winter Session Starts
- Feb 1: Taste & Try 12 pm
- Feb 10: Open Table – Carnival Event 4 pm
- June 7 – 9: Camp Kasota



# We Have a Coffee Machine!

“The Bean Hive” has arrived at McDougall. You can find the machine in the Cozy Corner (by the Reconciliation Mural in the southwest corner of the building).







# Bible Study: Tuesdays at 11 am in the Chapel

Bible Study will not be happening over the Christmas  
break. Starts back January 9, 2024

Join Rev Joanne Anquist, Rev Bill Weaver or Rev.  
Danah Cox for a bible study every Tuesday at 11 am.

We hope to see you there!



# Ladies Fellowship Meeting

Wednesday, January 10th at  
10 am in the M&M Room





# McDougall & Ogden CHRISTMAS DECORATIONS TAKE-DOWN

Thursday, January 11, 10:00 am.

Your help to put away the Christmas Trees, the poinsettias and Christmas wreaths and prepare for Epiphany would be much appreciated. Come and be part of the team.



OGDEN UNITED  
CHURCH



# Choir Rehearsals – Starts back January 11, 2024

All are Welcome, No Prior Experience Required  
McDougall Singers Rehearse Thursdays at 6 pm  
Sonica Treble Ensemble Rehearse Thursdays at 7:30 pm





# Join Hope Quest: 6 Week, In Person Art Therapy Group

Growth and inspiration through creativity!

Learn to cultivate and nurture HOPE throughout the various seasons and circumstances of your life!

No “artistic ability” needed! All supplies included.

**Facilitated by:** Suzanne Styles, Certified Art Therapist

**Cost:** \$250, 10% off if registered by Dec. 15 (use code HQ10)

**When:** Starts Tues. Jan. 16, 2024, 6:30-8:30 p.m.

**Location:** McDougall United Church Art Studio



Learn more  
and sign up  
HERE:



SCAN ME

RESILIENT *You*  
ART THERAPY

[www.ResilientYouArtTherapy.com](http://www.ResilientYouArtTherapy.com)

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Costs \$250 per person,  
10% off if registered by December 15

Starts Tuesday, January 16, 2024, from 6:30 – 8:30 pm

# Opera Buddies

Elixir of Love runs (January 18 – February 8) and is now full. There is still space for Das Rheingold (April 4 – April 25). Bring some family members and join in on the fun!

Free to Attend

Open to Everyone 12+

Includes Show at Jubilee

Thursday nights 4:30 – 5:45 pm at  
McDougall

To register or learn more visit:  
[Mcdunited.com/opera-buddies](http://Mcdunited.com/opera-buddies)





# Homeschool Group: Registration Open for Winter 2024

Homeschooling families are invited to join us for  
our 2024 Winter Session.

January 22 – May 13, 2024

Sign up for the weeks you would like to attend.  
\$14 per family for each week plus a \$20 insurance  
cost. Save money by attending all sessions.

Mondays from 11 – 2 pm in Hospitality Hall

Register and learn more:

[Mcdunited.com/homeschool-group](https://Mcdunited.com/homeschool-group)



# Taste & Try: Try Out a Recipe & Learn About Cooking

**Next Session:**  
**February 1, 2024, at 12 pm**

Happens monthly on the first Thursday of the month in the McDougall kitchen.  
Seniors of all ages are welcome!

Advanced Registration is required, limited spots are available. Registration closes Monday, January 29 at 7:00 pm.

Register by calling the office or signing up online:

<https://www.mcdunited.com/calendar-events/taste-n-try-february-2024>





# Open Table: King Cake & Mask Making Party Celebrating Carnival Saturday, February 10 4 – 6 pm

All ages are invited to join us for Mask Making followed by dinner.

\$5 Registration Fee, Donations Accepted at the Door

Limited Tickets Available, please purchase by Wednesday, February 7 at 1 pm on our website:

<https://www.mcdunited.com/calendar-events/open-table-february-2024>





# Camp Kasota Family Weekend

## June 7 – 9, 2024



Join us June 7 - 9, 2024, for a weekend of fun and relaxation.

Price includes a bed for 2 nights, 5 meals, and a snack.

- **Adult \$100** (Early Bird Pricing Ends Feb 29)
- **Child \$80** (Early Bird Pricing Ends Feb 29)

To learn more and register about what is included, please visit our webpage: [www.mcdunited.com/camp-kasota](http://www.mcdunited.com/camp-kasota)



Fish Creek  
United Church





# Life of the Church: Monthly Updates



Want to know what is happening in the church? Monthly updates are available in our emails blasts at the beginning of each month or visit our homepage to connect to the latest news.

To send in an update, email [prayers@mcdunited.com](mailto:prayers@mcdunited.com)

# McDougall Staff

Worship and Congregational Leadership Minister	-	Rev. Joanne Anquist
Family and Community Minister	-	Rev. Danah Cox
Contemporary Music Leader	-	Tanya Wan Lim
Choral Music Leader	-	Justin Macosky
Pastoral Care	-	Rev. Bill Weaver
Office Administrator	-	Jen Heidebrecht
Communications Coordinator	-	Sarah Reuangrith
Caretaker/ Handyman	-	Jerimiah Laquette
Facilities Coordinator	-	John Naylor

# We are a Scent Sensitive Building



We all share the same air,  
please be respectful when  
using scents.

Scent free or lighter scents  
on Sunday is appreciated.



# Don't Forget Your Reusable Coffee Mug!

If you didn't get one, please talk to the office.

Bring your reusable mug filled with coffee to the church and enjoy it during the service. Then get a refill in the Hospitality Hall during coffee time.

You bringing your own mug makes the clean up from coffee time much faster.

Our volunteers thank you!



## Ways to Give Ogden (403-630-5633)

1. Mail a cheque payable to Ogden United Church.
2. Online Through Canada Helps.
3. Donate by e-Transfer, [ogdenminister@shaw.ca](mailto:ogdenminister@shaw.ca)
4. Sign up for PAR.

## Ways to Give McDougall (403-252-1620)

1. Donate by e-Transfer, [office@mcdunited.com](mailto:office@mcdunited.com)
2. On our website, [www.mcdunited.com](http://www.mcdunited.com)
3. Mail a cheque payable to McDougall United Church.
4. Sign up for PAR.
5. Support the Gift Card program



# Thank You!

Thank you to  
everyone who helped  
with our service.

