



# WELCOME!

## Announcements March 31, 2024



# IMPORTANT DATES

Check out

[www.mcdunited.com/calendar](http://www.mcdunited.com/calendar)  
for more information

## Friday - March 29

- 11 am Red Deer Lake: Good Friday Service

## Saturday - March 30

- 10:30 am Holy Week Walk Through, With An Artist's Eye

## Sunday - March 31 - Easter Sunday

- 10:30 am On-site & Online Service

## Tuesday - April 2

- 11 am Bible Study

- 6 pm Grieving With Grace

- 7 pm God at the Movies - CANCELLED

## Wednesday - April 3

- 9 am Heritage Time Out

- 1 pm Exploring Life Through Writing and Discussion

## Thursday - April 4

- 12 pm Taste & Try

- 4:30 pm Opera Buddies

- 6 pm McDougall Singers Rehearsal

- 7:30 pm Sonica Treble Ensemble Rehearsal

## Friday - April 5

- 2:30 pm Intergenerational Meeting

## Saturday - April 6

- 7 pm Mama Mia 2

# IMPORTANT DATES

Here is a highlight  
of special events  
happening at the  
church

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- April 4: Taste & Try 12 pm
- April 6: Mama Mia 2 Singalong 7 pm
- April 7: Soup's on Sunday
- April 7: McDougall Foundation AGM
- April 13: Open Table: Painting Pots and Dinner 4 pm
- April 14: Spring Concert: Yodel Club Heimattreu 2:30 pm
- May 12: Cum Vino Cantus Choral Society Concert 2:30 pm
- June 7 – 9: Camp Kasota
- November 9: Family Dance 5 pm

# Grieving With Grace:

A safe space for your hurting heart to treat itself gently, and find hope for the future



This group is intended for anyone who has experienced a significant death in their life.

Join us weekly on Tuesdays at 6 pm starting April 2 through until June 18. Space is limited. No new registrations will be added once the group has commenced.

**Please contact Rev. Bill Weaver at [ogdenminister@shaw.ca](mailto:ogdenminister@shaw.ca) to register.**

# God at the Movies – CANCELLED for April 2



There will be no God at the Movies on Tuesday, April 2<sup>nd</sup>. The movie selection is not great this month.

See you back at the movies on Tuesday, May 7.

# Taste & Try: Try Out a Recipe & Learn About Cooking

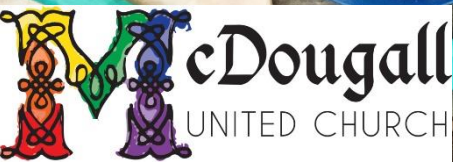
**Next Session:  
April 4, 2024, at 12 pm**

Happens monthly on the first Thursday of  
the month in the McDougall kitchen.  
Seniors of all ages are welcome!

Advanced Registration is required, limited  
spots are available.

Register by calling the office or signing up  
online:

[https://www.mcdunited.com/calendar-  
events/taste-n-try-April-2024](https://www.mcdunited.com/calendar-events/taste-n-try-April-2024)



# Opera Buddies

Das Rheingold (April 4 – April 25) is now  
at capacity.

Free to Attend

Open to Everyone 12+

Includes Show at Jubilee

Thursday nights 4:30 – 5:45 pm at  
McDougall

To register or learn more visit:  
[Mcdunited.com/opera-buddies](http://Mcdunited.com/opera-buddies)



CALGARY opera



CHRISTINE PIERCE DOMINIC COLIN ANDY LILY  
BARANSKI BROSNAN COOPER FIRTH GARCIA JAMES

AMANDA STELLAN JULIE WITH MERYL  
SEYFRIED SKARSGÅRD WALTERS CHER AND STREEP

# MAMMA MIA!

— HERE WE GO AGAIN —



## Mamma Mia 2: Here We Go Again Singalong

Join us on April 6 for a screening of Mamma Mia 2: Here We Go Again! Sing along to ABBA's greatest hits. Dust off your disco moves and warm up those vocal chords as we enjoy this PG-rated musical.

We encourage you to dress up for the event in your best 70's outfit.

**Ticket prices per person:**  
•\$15 for drink, snack and movie

Limited tickets are available, please purchase tickets early to avoid disappointment.

<https://www.mcdunited.com/calendar-events/mamma-mia-2-here-we-go-again-singalong>





# Soup's on Sunday: First Sunday of Each Month

Join us on the first Sunday of each month for a bowl of soup following the service.

\$5 for a bowl of soup and a bun.  
This is a church fundraiser.

If you are interested in conversation, connection and laughter in the kitchen, consider joining us the Saturday before to prepare the soup. Contact the office or visit the website if you are interested.



# McDougall United Church Foundation AGM

Join us on Sunday, April 7 at  
noon. This is your  
opportunity to get an  
update on the Foundation's  
purpose, finances and  
current status.



# Open Table: Painting Pots & Dinner Saturday, April 13 from 4 – 6 pm

We hope that you will be able to join us to paint flowerpots and then enjoy dinner. This event is open to All Ages and families of all types.

**Registration is \$5 per person  
(assistance is available)**

Advanced registration is required and closes Thursday, April 11th at 7 am.



# Spring Concert: Yodel Club Heimattreu

## Sunday, April 14<sup>th</sup> at 2:30 pm

### YODEL CLUB HEIMATTREU, CALGARY

Join us for an afternoon of traditional Swiss alpine yodelling, folk dancing and alphorn music, performed in traditional costumes.

After the concert please linger and enjoy some complementary refreshments.

A purchase of a “free” ticket is required for capacity control.  
Tickets are available on-line at: <https://jkheimattreu.tickit.ca>



CUM VINO CANTUS PRESENTS

# PERSPECTIVES

Sunday, May 12 2:30 pm



MCDUGALL UNITED CHURCH  
8516 Athabasca St SE, Calgary, AB

@cumvinocantus

# Camp Kasota Family Weekend

## June 7 – 9, 2024



Join us June 7 - 9, 2024, for a weekend of fun and relaxation.  
Price includes a bed for 2 nights, 5 meals, and a snack.

- Adult \$105
- Child \$85

To learn more and register about what is included, please visit our webpage: [www.mcdunited.com/camp-kasota](http://www.mcdunited.com/camp-kasota)



Fish Creek  
United Church



# Family Dance: Saturday, November 9 from 5 – 8 pm



Open Table has teamed up with the Monday Homeschool Group to bring you a family dance. We hope that you will be able to join us!

**Tickets cost \$10 per family if purchased in advance  
(by Friday, November 8 at 7 pm)  
\$15 Per Family at the door**

We will have a concession available where you will be able to purchase pizza, drinks and snacks at the event. We encourage you to bring cash.



# We Have a Coffee Machine!

“The Bean Hive” has arrived at McDougall. You can find the machine in the Cozy Corner (by the Reconciliation Mural in the southwest corner of the building).

Machine takes coins or tokens. Tokens can be purchased through the office. 10 for \$15.



COFFEE



HOT  
CHOCO



FRENCH  
VANILLA



CAPPUCCINO



LATTE





# Homeschool Group: Registration Open for Winter 2024

Homeschooling families are invited to join us for  
our 2024 Winter Session.

January 22 – May 13, 2024

Sign up for the weeks you would like to attend.  
\$14 per family for each week plus a \$20 insurance  
cost. Save money by attending all sessions.

Mondays from 11 – 2 pm in Hospitality Hall

Register and learn more:

[Mcdunited.com/homeschool-group](https://Mcdunited.com/homeschool-group)



# Bible Study: Tuesdays at 11 am in the Chapel

Join Rev Joanne Anquist, Rev Bill Weaver or Rev. Danah Cox for a Bible study every Tuesday at 11 am.

We hope to see you there!



JOAN  
CHITTISTER

*"A philosopher... and a writer of the words she has found and seen." -LISA TUOHY*



THE GIFT  
OF YEARS

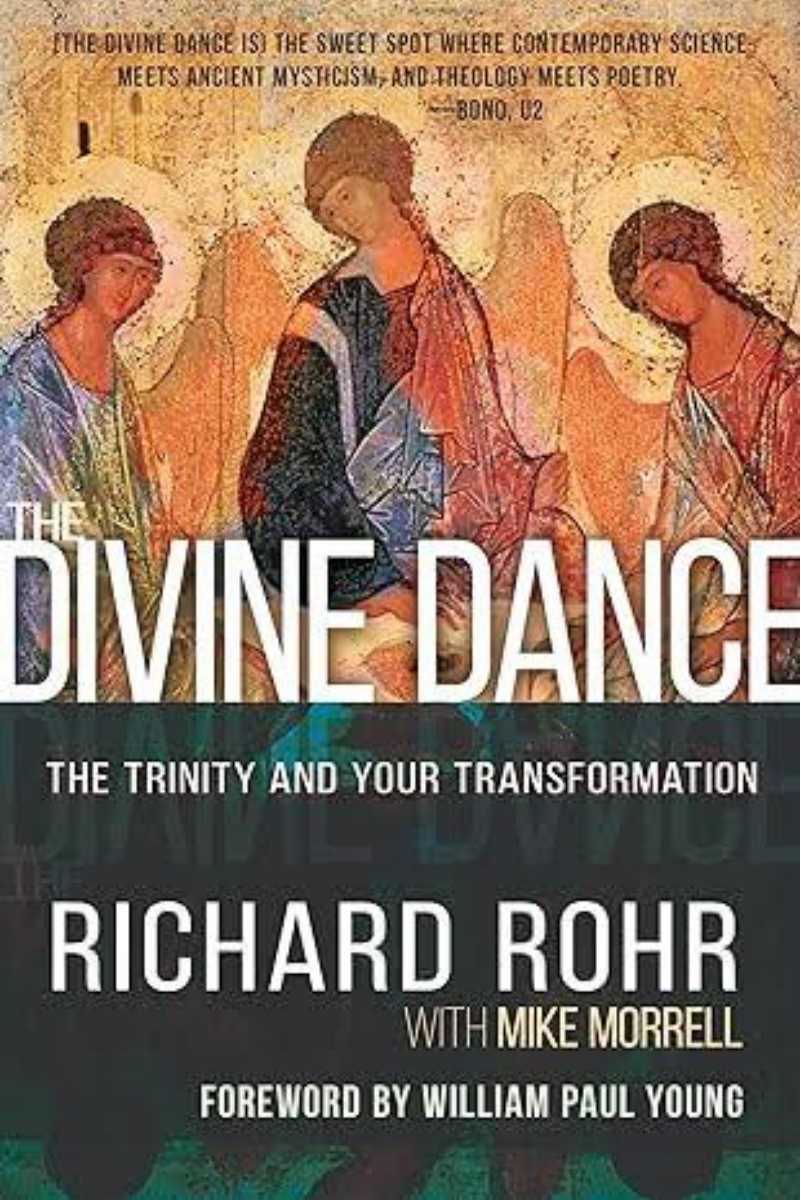
*Growing Older Gracefully*

# EXPLORING LIFE THROUGH WRITING AND DISCUSSION

You are invited to the continuing sessions of Exploring Life through Discussions and Writing.

We meet every Wednesday afternoon from 1:00 to 2:30 pm in the M&M room beginning on Jan. 24 and continuing until April 24. We use short opinion pieces from “The Gift of Year, Growing Old Gracefully” by Joan Chittister to initiate our discussions; and share personal written stories inspired by our memories.

For further information email Marianne  
Medhurst, [m3dhurst@shaw.ca](mailto:m3dhurst@shaw.ca) or Marilyn  
Shoults, [mshoults3@gmail.com](mailto:mshoults3@gmail.com)



## Lent book study: "The Divine Dance" by Richard Rohr

We hope that you will join us for a Lenten book study.

This book study will use "The Divine Dance" by Richard Rohr and will begin **Wednesday, February 21st at 6PM** and continue through the season of Lent. Rev. Danah will also be leading the study at Red Deer Lake United on Thursdays at 7 pm .

Please contact the office if you are interested in learning more or to sign up: [office@mcdunited.com](mailto:office@mcdunited.com)

# Choir Rehearsals

All are Welcome, No Prior Experience Required  
McDougall Singers Rehearse Thursdays at 6 pm  
Sonica Treble Ensemble Rehearse Thursdays at 7:30 pm



# Life of the Church: Monthly Updates



Want to know what is happening in the church? Check out our weekly email blast or visit link on the homepage.

To send in an update, email [prayers@mcdunited.com](mailto:prayers@mcdunited.com)

# McDougall Staff

Worship and Congregational Leadership Minister	-	Rev. Joanne Anquist
Family and Community Minister	-	Rev. Danah Cox
Contemporary Music Leader	-	Tanya Wan Lim
Choral Music Leader	-	Justin Macosky
Pastoral Care	-	Rev. Bill Weaver
Office Administrator	-	Jen Heidebrecht
Communications Coordinator	-	Sarah Reuangrith
Caretaker/ Handyman	-	Jerimiah Laquette
Facilities Coordinator	-	John Naylor

# We are a Scent Sensitive Building



We all share the same air,  
please be respectful when  
using scents.

Scent free or lighter scents  
on Sunday is appreciated.



# Don't Forget Your Reusable Coffee Mug!

If you didn't get one, please talk to the office.

Bring your reusable mug filled with coffee to the church and enjoy it during the service. Then get a refill in the Hospitality Hall during coffee time.

You bringing your own mug makes the clean up from coffee time much faster.

Our volunteers thank you!



## Ways to Give Ogden (403-630-5633)

1. Mail a cheque payable to Ogden United Church.
2. Online Through Canada Helps.
3. Donate by e-Transfer, [ogdenminister@shaw.ca](mailto:ogdenminister@shaw.ca)
4. Sign up for PAR.

## Ways to Give McDougall (403-252-1620)

1. Donate by e-Transfer, [office@mcdunited.com](mailto:office@mcdunited.com)
2. On our website, [www.mcdunited.com](http://www.mcdunited.com)
3. Mail a cheque payable to McDougall United Church.
4. Sign up for PAR.
5. Support the Gift Card program



# Thank You!

Thank you to  
everyone who helped  
with our service.

